



2025 Columbia Cornell Review for the Obesity Medicine Certification Exam

Friday, June 27

6:55 AM Opening Remarks

7:00 AM Epidemiology and the Determinants of Obesity

Louis Aronne, MD, FACP, FTOS, DABOM

Sanford I. Weill Professor of Metabolic Research

Medical Director

Comprehensive Weight Control Center, Weill Cornell Medicine

7:30 AM Physiology and Pathophysiology of Obesity

Sabrina Diano, PhD

Robert R. Williams Professor of Nutrition

Director, Institute of Human Nutrition

Professor of Physiology and Cellular Biophysics

Member of the Naomi Berrie Diabetes Center

Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center

8:15 AM Q&A

Louis Aronne, MD, FACP, FTOS, DABOM

Sanford I. Weill Professor of Metabolic Research

Medical Director

Comprehensive Weight Control Center, Weill Cornell Medicine

Sabrina Diano, PhD

Robert R. Williams Professor of Nutrition

Director, Institute of Human Nutrition

Professor of Physiology and Cellular Biophysics

Member of the Naomi Berrie Diabetes Center

Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center

8:25 AM Break

8:35 AM Evaluating and Examining Patients with Obesity

Chanel Ligon, MD

Clinical Fellow in Obesity Medicine

Weill Cornell Medical Center



9:20 AM Diagnosing Patients with Obesity: Part I

Vidhu Thaker, MD

Associate Professor of Pediatrics

Department of Pediatrics Molecular Genetics, Columbia University Irving Medical Center

9:50 AM Diagnosing Patients with Obesity: Part II

Joshua Cook, MD, PhD

Assistant Professor of Medicine

Columbia University Irving Medical Center

10:20 AM Q&A

Joshua Cook, MD, PhD

Assistant Professor of Medicine

Columbia University Irving Medical Center

Chanel Ligon, MD

Clinical Fellow in Obesity Medicine

Weill Cornell Medical Center

Vidhu Thaker, MD

Associate Professor of Pediatrics

Department of Pediatrics Molecular Genetics, Columbia University Irving Medical Center

10:30 AM Break

10:40 AM Treating Patients with Obesity: Part 1, Lifestyle Modifications

Keith Diaz, PhD

Florence Irving Associate Professor of Behavioral Medicine (in Medicine)

Columbia University Irving Medical Center

Morgan Dickinson, MS, RDN, CSOWM, CDN

Registered Dietitian

Weill Cornell Comprehensive Weight Control Center

11:25 AM Treating Patients with Obesity: Part II, Pharmacology

Mohini Aras, MD

Assistant Professor of Clinical Medicine

Assistant Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital



12:10 PM Treating Patients with Obesity: Part III, Bariatric Devices & Surgery

Abraham Krikhely, MD, FACS, FASMBS

Chief, Division of Minimally Invasive and Weight Loss Surgery

Columbia University Irving Medical Center

12:55 PM Q&A

Mohini Aras, MD

Assistant Professor of Clinical Medicine

Assistant Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

Morgan Dickinson, MS, RDN, CSOWM, CDN

Registered Dietitian

Weill Cornell Comprehensive Weight Control Center

Keith Diaz, PhD

Florence Irving Associate Professor of Behavioral Medicine (in Medicine)

Columbia University Irving Medical Center

Abraham Krikhely, MD, FACS, FASMBS

Chief, Division of Minimally Invasive and Weight Loss Surgery

Columbia University Irving Medical Center

1:15 PM Lunch Break

1:45 PM Formulating an Effective Treatment Plan and Tailoring Treatment

Beverly Tchang, MD, DABOM

Associate Professor of Clinical Medicine

Associate Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

2:30 PM Pediatric and Adolescent Obesity Treatment

Alyson Weiner, MD, DABOM

Assistant Professor of Pediatrics

Assistant Attending Pediatrician

Weill Cornell Medical College, NewYork-Presbyterian Hospital



3:15 PM Managing Weight-Related Conditions and Long-Term Care

Sarah Schmitz, MD, DABOM

Assistant Professor of Clinical Medicine

Assistant Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

4:00 PM Q&A

Sarah Schmitz, MD, DABOM

Assistant Professor of Clinical Medicine

Assistant Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

Beverly Tchang, MD, DABOM

Associate Professor of Clinical Medicine

Associate Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

Alyson Weiner, MD, DABOM

Assistant Professor of Pediatrics

Assistant Attending Pediatrician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

4:15 PM Break

4:25 PM Practicing Obesity Medicine with Professionalism

Sarah Barenbaum, MD, DABOM

Assistant Professor of Clinical Medicine

Assistant Attending Physician

Weill Cornell Medical College, NewYork-Presbyterian Hospital

4:55 PM Obesity Medicine Certification Overview

Josie Burke

Director of Physician Relations

American Board of Obesity Medicine



5:10 PM Q&A

Sarah Barenbaum, MD, DABOM

Assistant Professor of Clinical Medicine

Assistant Attending Physician

Weill Cornell Medicine, NewYork-Presbyterian Hospital

Josie Burke

Director of Physician Relations

American Board of Obesity Medicine

5:20 PM Test Preparation and Sample Board Questions with Q&A

Kevin Smith, DO, FACP, DABOM

Clinical Assistant Professor

Internal Medicine Physician

Avera McKennan Hospital & University Health Center

University of South Dakota, Sanford School of Medicine

6:50 PM Closing Remarks