

2025 Columbia Cornell Review for the Obesity Medicine Certification Exam

Epidemiology and the Determinants of Obesity

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Sanford I. Weill Professor of Metabolic Research
Medical Director
Comprehensive Weight Control Center, Weill Cornell Medicine

Physiology and Pathophysiology of Obesity

Sabrina Diano, PhD

Robert R. Williams Professor of Nutrition

Director, Institute of Human Nutrition

Professor of Physiology and Cellular Biophysics

Member of the Naomi Berrie Diabetes Center

Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center

Evaluating and Examining Patients with Obesity

Chanel Ligon, MD
Clinical Fellow in Obesity Medicine
Weill Cornell Medical Center

Diagnosing Patients with Obesity: Part I, Genetic and Syndromic Causes, Characterizing Severity

Vidhu Thaker, MD

Associate Professor of Pediatrics

Department of Pediatrics Molecular Genetics, Columbia University Irving Medical Center

Diagnosing Patients with Obesity: Part II, Weight-related Complications, Secondary Causes

Joshua Cook, MD, PhD Assistant Professor of Medicine Columbia University Irving Medical Center



Treating Patients with Obesity: Part I, Lifestyle Modifications Keith Diaz, PhD

Florence Irving Associate Professor of Behavioral Medicine (in Medicine) Columbia University Irving Medical Center

Morgan Dickinson, MS, RDN, CSOWM, CDN

Registered Dietitian

Weill Cornell Comprehensive Weight Control Center

Treating Patients with Obesity: Part II, Pharmacology

Mohini Aras, MD

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Treating Patients with Obesity: Part III, Bariatric Devices & Surgery

Abraham Krikhely, MD, FACS, FASMBS

Chief, Division of Minimally Invasive and Weight Loss Surgery Columbia University Irving Medical Center

Formulating an Effective Treatment Plan and Tailoring Treatment

Beverly Tchang, MD, DABOM

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Pediatric and Adolescent Obesity Treatment

Alyson Weiner, MD, DABOM

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Managing Weight-Related Conditions and Long-Term Care

Sarah Schmitz, MD, DABOM

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Practicing Obesity Medicine with Professionalism

Sarah Barenbaum, MD, DABOM Assistant Professor of Clinical Medicine Assistant Attending Physician Weill Cornell Medical College, NewYork-Presbyterian Hospital

Obesity Medicine Certification Overview

Josie Burke Director of Physician Relations American Board of Obesity Medicine

Test Preparation and Sample Board Questions with Q&A

Kevin Smith, DO, FACP, DABOM Clinical Assistant Professor Internal Medicine Physician Avera McKennan Hospital & University Health Center University of South Dakota, Sanford School of Medicine