



## 2026 Obesity: Etiology, Prevention, and Treatment

### Session 1

#### **CME Credits** **Lecture**

- .75**      **01.01. Epidemiology and Health Risks of Obesity**  
**Louis Aronne, MD, FACP, FTOS, DABOM**  
Sanford I. Weill Professor of Metabolic Research, Professor of Clinical Medicine | Weill Cornell Medical College  
Medical Director of the Comprehensive Weight Control Center | Weill Cornell Medicine  
Co-Founder and Chair Emeritus | American Board of Obesity Medicine
- .75**      **01.02. How Bias and Stigma Influence the Outcomes of Obesity Prevention and Treatment**  
**Ted Kyle, RPh, MBA**  
Founder | ConscienHealth
- .75**      **01.03. Obesity Complications and Co-Morbidities**  
**Beverly Tchang, MD, FTOS, DABOM**  
Associate Professor of Clinical Medicine | Weill Cornell Medical College  
President | Tri-state Obesity Society  
CEO | Weightless Consulting, LLC
- .75**      **01.04. Physiology and Pathophysiology of Obesity**  
**Sabrina Diano, PhD**  
Robert R. Williams Professor of Nutrition, Director of the Institute of Human Nutrition, Professor of Physiology and Cellular Biophysics, Member of the Naomi Berrie Diabetes Center | Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center
- .75**      **01.05. Genetics of Obesity and Weight Regulation**  
**Rudolph Leibel, MD**  
Christopher J. Murphy Memorial Professor of Diabetes Research, Professor of Pediatrics and Medicine, Head of Division of Molecular Genetics | Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center
- .75**      **01.06. In the Post-GLP1 World, Have We Cured Obesity?**  
**Giles Yeo, PhD**  
Professor of Molecular Neuroendocrinology, Program Leader of MRC Metabolic Diseases Unit at the Medical Research Center | Cambridge; Honorary President | British Dietetic Association



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### Session 2

#### **CME Credits**   **Lecture**

- .75**      **02.01 Nutrition Recommendations for Adults with Obesity**  
**Morgan Dickison, MS, RDN, CSOWM, CDN**  
Registered Dietitian | Comprehensive Weight Control Center, Weill Cornell Medicine
- .75**      **02.02 Weighty Matters: Low-Carbohydrate and Low-Fat Diets**  
**Michael Rosenbaum, MD**  
Professor Emeritus, Special Lecturer in Pediatrics and Medicine | Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center
- .75**      **02.03 Food Order/Nutrient Sequence: Physiological Effects and Therapeutic Implications**  
**Alpana Shukla, MD, MRCP (UK), FTOS**  
Associate Professor of Research in Medicine | Weill Cornell Medical College  
Director of Clinical Research at the Comprehensive Weight Control Center | Weill Cornell Medicine
- .75**      **02.04 The Landscape of Behavioral Interventions in Obesity Medicine**  
**Ariana Chao, PhD, CRNP, FNP-BC, RN**  
Associate Professor | School of Nursing, Johns Hopkins University
- .75**      **02.05 The Role of Physical Activity in Obesity Management**  
**Keith Diaz, PhD**  
Florence Irving Associate Professor of Behavioral Medicine | Columbia University Irving Medical Center



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### Session 3

#### **CME Credits**   **Lecture**

- 1.00**      **03.01 Guidelines and Standards of Care for the Treatment of Obesity**  
**Louis Aronne, MD, FACP, FTOS, DABOM**  
Sanford I. Weill Professor of Metabolic Research, Professor of Clinical Medicine |  
Weill Cornell Medical College  
Medical Director of the Comprehensive Weight Control Center | Weill Cornell Medicine  
Co-Founder and Chair Emeritus | American Board of Obesity Medicine
- Alpana Shukla, MD, MRCP (UK), FTOS**  
Associate Professor of Research in Medicine | Weill Cornell Medical College  
Director of Clinical Research at the Comprehensive Weight Control Center | Weill Cornell  
Medicine
- .75**      **03.02 Overview of the Medical Assessment of Adult Obesity**  
**Sarah Barenbaum, MD, DABOM**  
Assistant Professor of Clinical Medicine | Weill Cornell Medical College  
Assistant Attending Physician | New York Presbyterian Hospital
- .75**      **03.03 On-Label Pharmacological Approaches to Obesity**  
**Katherine Saunders, MD, DABOM**  
Clinical Assistant Professor of Medicine | Weill Cornell Medicine  
CoFounder | Flyte Health
- .75**      **03.04 Off-Label Pharmacotherapy for Obesity**  
**Tirissa J. Reid, MD, DABOM**  
Associate Professor of Medicine at CUIMC | Vagelos College of Physicians and Surgeons  
Metabolic and Weight Control Center | New York-Presbyterian/Columbia University Irving Medical  
Center  
Clinical Medical Educator | Columbia University Institute of Human Nutrition
- 1.00**      **03.05 Side Effects of Pharmacological Treatment and Their Management**  
**Judith Korner, MD, PhD, DABOM**  
Professor of Medicine in the Division of Endocrinology, Director of the Metabolic and Weight  
Control Center | New York-Presbyterian Hospital and Columbia University Irving Medical Center  
Chair Emerita | American Board of Obesity Medicine



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### Session 4

<b>CME Credits</b>	<b>Lecture Title</b>
<b>.75</b>	<b>04.01 Addressing Weight Bias in Clinical Settings</b> <b>Scott Kahan, MD, MPH, DABOM</b> Director   National Center for Weight and Wellness
<b>1.00</b>	<b>04.02 Beyond BMI - Strategies to Optimize Clinician-Supported Weight Loss Plans</b> <b>Eugene Lucas, MD, DABOM</b> Assistant Professor of Clinical Medicine   Weill Cornell Medical College Assistant Attending Physician   New York Presbyterian Hospital
<b>.50</b>	<b>04.03 Mental Health and Obesity</b> <b>Sasidhar Gunturu, MD, FAPA</b> Clinical Assistant Professor of Psychiatry   Icahn School of Medicine at Mount Sinai Vice Chair, Residency Training Director, Medical Director of Psychiatric Integrated Services & Community Psychiatry   Department of Psychiatry, Bronx Care Health System
<b>.50</b>	<b>04.04 Case Session: Pharmacology &amp; Behavioral Obesity Medicine Strategies in Practice</b> <b>Jamie Kane, MD, DABOM</b> Chief of Obesity Medicine & Director, Center for Weight Management   Northwell Health System Associate Professor of Medicine   Zucker School of Medicine at Hofstra/ Northwell
<b>.75</b>	<b>04.05 Obesity and Type 2 Diabetes</b> <b>Joshua Cook, MD, PhD</b> Assistant Professor of Medicine in Endocrinology   Columbia University Irving Medical Center
<b>.75</b>	<b>04.06 Losing Weight and Keeping It Off: Different Problems, Different Solutions</b> <b>Michael Rosenbaum, MD</b> Professor Emeritus, Special Lecturer in Pediatrics and Medicine, Associate Director of CTSA   Columbia University Irving Medical Center
<b>1.00</b>	<b>04.07 KEYNOTE: Obesity Across the Kidney Disease Continuum: from CKD Risk to Post-Transplant Outcomes</b> <b>Babak Orandi, MD, PhD, DABOM</b> Associate Professor   Departments of Surgery & Medicine, NYU Grossman School of Medicine Transplant Surgeon and Obesity Medicine Specialist   NYU Langone Health



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### Session 5

**CME Credits**   **Lecture Title**

- .75**      **05.01 An Ounce of Prevention: A Brief Family-Centered Approach to Obesity Counseling in Pediatric Care**  
**Eugene Dinkevich, MD, FAAP, DABOM**  
Associate Professor of Clinical Pediatrics, Director of the Division of General Pediatrics and Pediatric Primary Care Services | Department of Pediatrics, SUNY Downstate Health Sciences University
- .75**      **05.02 Pharmacotherapy for Obesity in Youth**  
**Claudia Fox, MD, MPH, FAAP, DABOM**  
Professor of Pediatrics and Co-Director of the Center for Pediatric Obesity Medicine | University of Minnesota
- 1.00**      **05.03 Pediatric Metabolic and Bariatric Surgery: Meds +/- Surgery +/- Meds**  
**Jeffrey Zitsman, MD**  
Professor of Surgery | Columbia University Irving Medical Center
- .75**      **05.04 Case Session: Managing Pediatric Obesity in Practice**  
**Cynthia Akagbosu, MD, DABOM**  
Associate Professor of Pediatrics | Columbia University Irving Medical Center  
**Alyson Weiner, MD, DABOM**  
Assistant Professor of Pediatrics | Weill Cornell Medical College  
Assistant Attending Pediatrician | NewYork-Presbyterian Hospital



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### Session 6

#### **CME Credits** **Lecture Title**

- .75**      **06.01 Women’s Health and Obesity: How Midlife and Menopause Influence Weight**  
**Maria Daniela Hurtado Andrade, MD, PhD, DABOM**  
Associate Professor of Medicine | Mayo Clinic
- .75**      **06.02 Management of Weight-related Conditions: Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD)**  
**Sonal Kumar, MD, MPH, DABOM**  
Assistant Professor of Medicine, Director of General Gastroenterology and Hepatology, Director of ICHANGE | Weill Cornell Medicine & NewYork-Presbyterian
- .50**      **06.03 Management of Weight-Related Conditions: The Role of Sleep in Obesity**  
**Ana C. Krieger, MD, MPH**  
Professor of Clinical Medicine in the Departments of Medicine, Neurology and Genetic Medicine,  
Chief of the Sleep Neurology Division | Department of Neurology, Weill Cornell Medical College
- .50**      **06.04 Management of Weight-Related Conditions: The Obesity-Cancer Connection**  
**Rachel Perry, PhD**  
Associate Professor, Medicine/ Endocrinology and Cellular & Molecular Physiology|  
Yale University School of Medicine
- .50**      **06.05 Management of Weight-Related Conditions: Obesity-Related Cardiovascular and Renal Disease: Risks and Care Strategies**  
**Michael Weintraub, MD, DABOM**  
Clinical Assistant Professor | Department of Medicine, NYU Grossman School of Medicine
- No Credits**      **06.06 Obesity Medicine Certification Overview**  
**Josie Burke**  
Director of Physician Relations | American Board of Obesity Medicine



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### Session 7

<b>CME Credits</b>	<b>Lecture Title</b>
<b>.75</b>	<b>07.01 Endobariatrics: Advanced Endoscopic Techniques</b> <b>Chino Aneke-Nash, MD, PhD</b> General Gastroenterology, Obesity and Endobariatrics   NYC Health + Hospitals/Kings County
<b>.75</b>	<b>07.02 Weight Loss Surgery: Pre/Post-Operative Processes, Procedures and Outcomes</b> <b>Abraham Krikhely, MD, FACS, FASMBS</b> Chief of the Division of Minimally Invasive and Weight Loss Surgery   Columbia University Irving Medical Center
<b>.75</b>	<b>07.03 Complications of Bariatric Surgery</b> <b>Gregory Dakin, MD</b> Associate Professor of Surgery   Weill Cornell Medical College Chief of the Section of GI, Metabolic, and Bariatric Surgery   Weill Cornell Medicine
<b>1.00</b>	<b>07.04 Nutrient Metabolism and Obesity: Special Considerations After Bariatric Surgery</b> <b>Jeffrey Mechanick, MD, FACP, MACE, FACN, ECNU</b> Professor of Medicine, Medical Director of the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health at Mount Sinai Heart, Director of Metabolic Support in the Division of Endocrinology, Diabetes and Bone Disease   Ichan School of Medicine at Mount Sinai
<b>.75</b>	<b>07.05 Obesity in the Older Adult Population</b> <b>John Batsis, MD, FACP, AGSF, FGSA, FTOS, DABOM</b> Associate Professor   University of North Carolina School of Medicine



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#### **CME Credits** **Lecture Title**

- .75**      **08.01 Individualized and Long-Term Obesity Treatment Management**  
**Devika Umashanker, MD, DABOM**  
Medical Director of Obesity Medicine | Hartford HealthCare Medical
- 1.25**      **08.02 Advanced Cases I: Obesity and Cancer—Complex Cases and Expert Panel**  
**Discussion**  
**Sarah Schmitz, MD, DABOM**  
Assistant Professor of Clinical Medicine | Weill Cornell Medical College  
Assistant Attending Physician | NewYork-Presbyterian Hospital
- Michael Bonafede, DO**  
Internalist | Lenox Hill Hospital at Northwell Health  
Obesity Medicine Fellow and Instructor in Medicine | Weill Cornell Medical College
- 1.25**      **08.03 Advanced Cases II: Navigating Obesity Care with Psychiatric Comorbidity –  
A Panel Case Discussion**  
**Chanel Ligon, MD, DABOM**  
Assistant Professor of Clinical Medicine | Weill Cornell Medical College  
Assistant Attending Physician | NewYork-Presbyterian Hospital
- Aditi Rao, MD**  
Obesity Medicine Fellow and Instructor in Medicine | Weill Cornell Medical College



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

Section I. Continuing Foundational Concepts	CME Credits
<p><b>1. From Brain to Bedside: How Neuroscience Informs Clinical Care for Patients with Obesity</b>  <b>Ellen A. Schur, MD, MS, DABOM</b>            Director, Clinical Research Unit   UW Medicine Diabetes Institute            Professor of Medicine, Division of General Internal Medicine   University of Washington</p>	<b>.75</b>
<p><b>2. Adipocyte Biology</b>  <b>Paul Cohen, MD, PhD</b>            Albert Resnick, M.D., Associate Professor, Senior Attending Physician, and Head of the Weslie R. and William H. Janeway Laboratory of Molecular Metabolism   The Rockefeller University</p>	<b>.50</b>
<p><b>3. Epigenetics and the Development of Obesity</b>  <b>Lori Zeltser, PhD</b>            Professor of Pathology and Cell Biology, Director, Metabolism and Nutrient Biology Track of the VIBRE Biomedical Life Sciences PhD Program   Columbia University Irving Medical Center</p>	<b>.75</b>
<p><b>4. Aging and Metabolism</b>  <b>Luigi Fontana, PhD, FACSM, FTOS</b>            Professor of Medicine and Nutrition, Leonard P Ullman Chair, and Translational Metabolic Health Scientific Director   Charles Perkins Centre Royal Prince Alfred Clinic Director   'Health for Life' Research, Educational and Clinical Program, University of Sydney</p>	<b>.50</b>
<p><b>5. The Effects of Physical Activity on Weight Loss and Maintenance of Weight Loss</b>  <b>John M. Jakicic, MD, PhD, FACSM, FTOS</b>            Professor of Internal Medicine, Division of Physical Activity and Weight Management   University of Kansas Medical Center</p>	<b>.75</b>
<p><b>6. Metabolic and Hormonal Mechanisms of Bariatric Surgery for Weight Loss Effectiveness and Longevity</b>  <b>Neil Floch, MD MD, FACS, DABOM</b>            Associate Professor of Surgery   Yale School of Medicine            Director of Bariatric Surgery   Greenwich Hospital</p>	<b>1.00</b>
<p><b>7. Understanding Lipedema: Tools for the Obesity Medicine Clinician</b>  <b>Courtney Mascio, OT/L, CLT</b>            Professional Education Manager   Lipedema Foundation  <b>Celia Egan, MD, MSCP, DABOM</b>            Director of Metabolic Health &amp; Obesity Medicine   @true.womenshealth</p>	<b>1.00</b>



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

Section II. Maternal and Childhood Obesity	CME Credits
<p><b>1. Obesity and Maternal Health: Pregnancy &amp; Postpartum</b>  <b>Courtney Younglove, MD, FOMA, FACOG, DABOM</b>            Founder and Medical Director, Heartland Weight Loss</p>	<b>1.0</b>
<p><b>2. Impact of Maternal Obesity on Placental Development and Function</b>  <b>Perrie O'Tierney-Ginn, PhD</b>            Interim Executive Director of the Mother Infant Research Institute   Tufts Medical Center Research Associate Professor of Obstetrics &amp; Gynecology   Tufts University School of Medicine</p>	<b>.75</b>
<p><b>3. In Utero and Lactational Programming of Obesity: Repercussions for Offspring Health</b>  <b>Sarbattama "Rimi" Sen, MD</b>            Neonatologist, and Vice Chair of Pediatric Clinical Research   Women &amp; Infants Hospital of Rhode Island Associate Professor of Pediatrics   Warren Alpert Medical School of Brown University</p>	<b>.75</b>
<p><b>4. Early Life Origins of Obesity - The First 1,000 Days of Life</b>  <b>Ilene Fennoy, MD, DABOM</b>            Doctor of Pediatric Endocrinology   Columbia University Irving Medical Center/ NewYork-Presbyterian Morgan Stanley Children's Hospital</p>	<b>.75</b>
<p><b>5. Childhood Obesity: Special Considerations</b>  <b>Vidhu Thaker, MD</b>            Associate Professor of Pediatrics, Department of Pediatrics and Molecular Genetics   Columbia University Irving Medical Center</p>	<b>.75</b>
<p><b>6. Pediatric MASLD</b>  <b>Ali A. Mencin, MD</b>            Chief of the Division of Pediatric Gastroenterology, Hepatology and Nutrition   NewYork-Presbyterian &amp; Columbia University Irving Medical Center Associate Professor of Pediatrics   Columbia University Irving Medical Center</p>	<b>1.0</b>
<p><b>7. Child Obesity: The Role of the Parents</b>  <b>Susan Carnell, PhD</b>            Associate Professor of Child and Adolescent Psychiatry   Johns Hopkins University School of Medicine</p>	<b>.75</b>



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

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Section III	Nutrition Assessment and Dietary Approaches	CME Credits
1.	<b>Nutrition Assessment and Counseling</b> <b>Heather Seid, DCN, RDN, CLC</b> Bionutrition Research Core Program Manager   Irving Institute for Clinical and Translational Research at Columbia University Irving Medical Center	.75
2.	<b>Mindful Eating Techniques</b> <b>Jamie Leskowitz, MS, RD, CDN, CDCES</b> Registered Dietitian-Nutritionist   Metabolic and Weight Control Center at Columbia University Irving Medical Center	.50
3.	<b>Diet: More Than Just What's on the Plate - Implications for Meal Timing and Frequency</b> <b>Marie-Pierre St-Onge, PhD, FAHA, CCSH</b> Associate Professor of Nutritional Medicine and Director, Center of Excellence for Sleep and Circadian Research   Columbia University Irving Medical Center	1.0
4.	<b>Ultra-processed Food Environments and Body Weight Regulation</b> <b>Kevin Hall, PhD</b> Scientist   Kevin Hall PhD, LLC	.50
5.	<b>Weight Loss Supplements</b> <b>David Berger, MD</b> Doctor of Endocrinology, Diabetes, and Metabolism   NewYork-Presbyterian/ Columbia University Irving Medical Center	.50
6.	<b>Obesity and Eating Disorders</b> <b>Kelly C. Allison, PhD</b> Professor of Psychology and Director of the Center for Weight and Eating Disorders   Perelman School of Medicine at the University of Pennsylvania	1.0



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

### Section IV Behavior Modification Counseling

CME Credits

- 1. Behavior Modification Counseling for Obesity Management** .75  
**Brooke Aggarwal, EdD, MS, FAHA**  
Assistant Professor of Medical Sciences, Division of Cardiology | Columbia University Irving Medical Center
- 2. Motivational Interviewing in Obesity Counseling** .50  
**Prantik Saha, MD, MPH**  
Assistant Clinical Professor of Pediatrics | Columbia University Irving Medical Center
- 3. Self-monitoring for Weight Management: What Can It Add and When to Consider It** .50  
**Carolyn Bramante, MD, MPH, DABOM**  
Assistant Professor, Internal Medicine and Pediatrics/ Core Faculty, Center for Pediatric Obesity Medicine/ Core Faculty, Program for Health Disparities | Research University of Minnesota
- 4. Improving Sleep in Your Patients: Strategies and Outcomes** 1.0  
**Ari Schecter, PhD**  
Medical Science Liaison, US Medical Affairs, Sleep/Neuroscience | Jazz Pharmaceuticals
- 5. Movement Recommendations for People with Reduced Mobility** 1.25  
**Ali Geronimo, MEd, RD, LDN, ATC/LAT**  
Registered Dietitian/Nutritionist and Certified Athletic Trainer, Private Practice
- 6. Mental Health and Obesity: Shared Complexity, Mechanisms, Decision Making and Responsibilities** .75  
**Robyn Pashby, PhD**  
Founder | Health Psychology Partners  
Research Assistant Professor of Psychology | Uniformed Services University
- 7. Stress-Induced Eating** .75  
**Rebecca Klatzkin, PhD**  
Professor of Psychology and Chair of Neuroscience | Rhodes College



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

Section V Cultural Factors and Weight Stigma in Obesity	CME Credits
<p><b>1. How Do Race and Ethnicity Affect the Development of Obesity and Related Co-morbidities?</b>  <b>Ramfis Nieto-Martinez, MD, MSc</b>            CEO   Precision Care Corp            Lown Scholar, Department of Global Health and Population   Harvard T.H. Chan School of Public Health, Harvard University</p>	.75
<p><b>2. Food Insecurity and Obesity: Addressing a Long-standing Determinant of Health</b>  <b>Kim Hekimian, PhD</b>            Associate Professor of Nutrition in Pediatrics and Director, Master of Science in Human Nutrition Program   Institute of Human Nutrition at Columbia University Irving Medical Center            Associate Director of Education, Program in Education in Global and Population Health   Vagelos College of Physicians and Surgeons, Columbia University Irving Medical Center</p>	.50
<p><b>3. How and Why Weight Stigma Drives the Obesity 'Epidemic' and Harms Health</b>  <b>A. Janet Tomiyama, PhD</b>            Professor, Department of Psychology   University of California Los Angeles</p>	.50
<p><b>4. Management of Obesity in Adults with Limited Means</b>  <b>Tirissa J. Reid, MD, DABOM</b>            Associate Professor of Medicine at CUIMC   Vagelos College of Physicians and Surgeons            Metabolic and Weight Control Center   New York-Presbyterian/Columbia University Irving Medical Center            Clinical Medical Educator   Columbia University Institute of Human Nutrition</p> <p><b>Jamie A. Mullally, MD, DABOM</b>            Associate Professor   New York Medical College            Medical Director of Obesity Medicine   Westchester Medical Center            Associate Program Director, Fellowship Program in Endocrinology, Diabetes and Metabolism   Westchester Medical Center</p>	1.5
<p><b>5. Obesity Advocacy Landscape</b>  <b>Tracy Zvenyach, PhD, MS, RN</b>            Vice President of Advocacy and Research   Obesity Action Coalition</p>	1.0



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

Section VI Case-Based Learning	CME Credits
<p><b>1. Creating Individualized Treatment Plans</b>  <b>Tirissa J. Reid, MD, DABOM</b>            Associate Professor of Medicine at CUIMC   Vagelos College of Physicians and Surgeons            Metabolic and Weight Control Center   New York-Presbyterian/Columbia University Irving Medical Center            Clinical Medical Educator   Columbia University Institute of Human Nutrition</p>	<b>.75</b>
<p><b>2. A New Era of Anti-Obesity Pharmacotherapy</b>  <b>Jamie A. Mullally, MD, DABOM</b>            Associate Professor of Medicine   New York Medical College            Medical Director of Obesity Medicine and Associate Program Director, Fellowship Program in Endocrinology, Diabetes and Metabolism   Westchester Medical Center</p>	<b>.75</b>
<p><b>3. Managing Weight Regain</b>  <b>Ilana Redmond, MD, DABOM</b>            Obesity Medicine Physician   Intellihealth</p>	<b>.75</b>
<p><b>4. Sarcopenic Obesity, Malnutrition and Nutrition Support After Weight Loss Surgery</b>  <b>Michael Owen-Michaane, MD, DABOM</b>            Assistant Professor of Medicine   New York-Presbyterian Hospital/ Columbia Irving Medical Center</p>	<b>.75</b>
<p><b>5. Incorporating Culinary Medicine into Obesity Medicine Practice and Training</b>  <b>Ileana Vargas, MD, DABOM</b>            Assistant Professor of Pediatrics   Columbia Irving Medical Center            Pediatric Endocrinologist   New York-Presbyterian Hospital</p>	<b>.75</b>
<p><b>6. Women's Health and Obesity: Management Through Clinical Cases</b>  <b>Aditi Rao, MD</b>            Clinical Fellow in Obesity Medicine   Weill Cornell Medicine</p> <p><b>Beverly Tchang, MD, FTOS, DABOM</b>            Associate Professor of Clinical Medicine   Weill Cornell Medical College            Doctor of Obesity Medicine, Comprehensive Weight Control Center   Weill Cornell Medicine</p>	<b>1.0</b>
<p><b>7. Mental Health and Obesity: Case-Based Presentation</b>  <b>Zerimar Ramirez Lopez, MD</b>            Resident Physician   BronxCare Health System</p>	<b>.50</b>



## Columbia Cornell Obesity Medicine CME 2026 Additional Topics for Advanced Study

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### Section VII Managing the Obesity Medicine Practice

CME Credits

- 1. Coding and Reimbursement in Obesity Medicine** **.50**  
**Adam Gilden, MD, MSCE, FACP, FTOS, DABOM**  
Associate Professor | University of Colorado School of Medicine
- 2. Setting Up an Obesity Management Practice** **.75**  
**Jamie A. Mullally, MD, DABOM**  
Associate Professor of Medicine | New York Medical College  
Medical Director of Obesity Medicine and Associate Program Director,  
Fellowship Program in Endocrinology, Diabetes and Metabolism |  
Westchester Medical Center
- 3. Practicing with Professionalism: Obesity Medicine Clinical Practice Steps** **1.0**  
**Deborah Bade Horn, DO, MPH, FOMA, DABOM**  
Clinical Professor, Departments of Surgery and Internal Medicine |  
McGovern Medical School  
Medical Director | University of Texas Center for Obesity Medicine and  
Metabolic Performance